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## **Journal of Science and Knowledge Horizons**

A free peer-reviewed scientific journal published regularly every six months by the Department of Islamic Sciences, Laghouat, Algeria. It is concerned with publishing research and articles in the fields of human, social and intellectual sciences, and receives scientific research in the three .languages: Arabic, English and French

It aims to: - Disseminate and encourage the production of researchers and scholars, including professors, researchers, and doctoral students, especially research related to the cultural and social environment. As well as promoting scientific research in the field of human, social and cultural studies and serving the scientific heritage, as well as encouraging intellectual studies and studies in the field of comparison to achieve human and social dialogue, as well as .encouraging research in other fields of science

The journal is committed to publishing original research that meets the required academic requirements, and rejects anything that violates the ethics of scientific research and scientific honesty

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## *Opening Remarks by the Editor-in-Chief*

Dear Esteemed Readers,

It is with great pleasure that we present to you the The SECOND issue of the FOURTH volume, December 2024 of the Journal of Science and Knowledge Horizons (JSKP). As a platform for cutting-edge research and interdisciplinary dialogue, this issue continues our commitment to fostering academic excellence and promoting the dissemination of knowledge across the humanities and social sciences.

As part of our dedication to open access, JSKP remains committed to providing unrestricted access to all its content. We believe that knowledge should be accessible to all, and we are proud to contribute to this vision by upholding the principles of Diamond Open Access. By doing so, we enable authors, readers, and researchers worldwide to engage with our content without barriers.

We would like to sincerely thank our reviewers, editorial board members, and contributors for their invaluable support and dedication. Their expertise and insights play an essential role in maintaining the quality and integrity of our journal.

We also wish to highlight our ongoing efforts to align with global indexing standards .

As you explore the contents of this issue, we invite you to reflect on the rich insights and innovative contributions presented within. We hope that this edition sparks new ideas and meaningful discussions within your respective fields.

Thank you for your continued support of the Journal of Science and Knowledge Horizons (JSKP). We remain dedicated to advancing scholarly communication and look forward to your contributions in future issues.

With best regards

*Editor-in-Chief*  
**PROF HAFSI ABBAS**

## *Opening speech by*

***Rachda Mazouzi; University Hospital Bichat-Claude Bernard, France***

### **Nutritional health awareness and its impact on quality of life.**

Health literacy has gained increasing importance in the 21st century. The health literature considers an individual's tendency to seek out and process health-related information as a marker of health literacy. Health literacy is associated with people's choice of information

About medical advances and environmental threats and their response to health-based educational interventions, including immunisation campaigns. Evidence from psychology, medicine, and economics suggests that informed individuals are better able to choose when,

How, and whether to engage in certain activities. In this context, we ask several questions: How does nutritional health awareness influence an individual's decision-making process regarding health? To what extent does one care about health in a community setting? Does

People's concern for their health influence community health outcomes, and if so, why? But what motivates people to make decisions to invest in their health? To this end, medical, psychological, and educational theoretical frameworks have to be developed to support the establishment of a culture of concern for health and nutritional health. Hence, people derive utility from knowing their health status or being healthy, and this has a positive impact on their investment decisions when it comes to having a health-related attribute. The goal is

Always to think about how health might be affected by health policy decisions, and thus to offer new perspectives and concrete policy initiatives.

Aversion to the diseases caused by our modern lifestyles, as well as to diseases themselves, drives us to seek out information. Just as risky behaviour leads to illness, it also leads to a loss of utility. The remedy, therefore, is to invest in health. Illness and health seem to be the

Gateways through which more mundane preferences, such as mental health, positive thinking, life success, and future wealth, all of these

concepts refer to the quality of life of individuals, creep in. Increased health awareness has significant positive effects on people's lives, leading to improved overall health. When people are aware of their health and how to maintain it, they experience higher levels of self-satisfaction and happiness. It also helps reduce the likelihood of illness in general, and thus reduce health care costs. In addition, health

Awareness can improve social and personal relationships, giving people the ability to take better control of their lives and participate more in social, sporting, and recreational activities. First, there is balance in the subject matter. Science and technology are not isolated from social sciences. Contemporary problems as addressed in the media are not isolated from history. Culture is valued as is science. Science is placed in a religious context, the Maqasid Al-Sharia. The environment is not ignored to privilege economic growth while advice is provided to enhance the economy and development of people.

Second, a balance of viewpoints is reflected in the articles. For example, artificial intelligence is accepted as are its challenges. Challenges, and consideration of alternatives, are present in the discussion of feminism. Courts and other institutions such as the military,

Universities, and social media, are subject to reflective judgments on a range of outcomes and aspirations.

The breadth of topics included in this issue is unusual and worthy of Respect by scholars and citizens alike. The practical concerns of the Authors thoughtfully embody Lincoln's concern that we think well about what we need to do and how to do it.

*Prof :Rachda Mazouzi*

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