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**UNIVERSITY CENTER
NOUR EL BACHIR
EL BAYADH**



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A Word from the Editor

Dear Reader

Now then:

We, the members of the Scientific Committee of the Excellence Journal for the Sciences and Technique of Physical and Sports Activities, are pleased to welcome all professors and researchers in the field through this new issue. We believe in the urgent need for these scientific spaces to publish and exchange experiences and sound scientific research, which has been supervised by competent and expert individuals to produce it in a form ready for study and reflection. This is in recognition of the role that the ASJP platform plays in opening the way for the energies that abound in the field of scientific research to express concerns and interests in various fields of creativity. This endeavor, which we have named (A Bright Vision), comes to be a platform, and also as a contribution, and foremost among them is achieving the principle of excellence in what is published in it of scientific articles.

On behalf of the staff of Excellence Journal, I would also like to extend our sincere thanks to all researchers from various universities, both within and outside the country, at all levels, for their trust in our journal. The editorial board invites its esteemed readers to engage with the journal through the ASJP platform by downloading articles or providing their feedback and suggestions, which they believe will contribute to the journal's improvement and advancement.

We also extend an invitation to all researchers to contribute to future issues.

Secretary Of Journal: Dr. Fedlaoui Hasni.

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