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The reality of training in school sports for half-distance athletes A descriptive study of some clubs in Chlef

و اقع التكوين في الرياضات المدرسية لرياضيي المسافات المتوسطة

دراسة وصفية لبعض الأندية في الشلف

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Abstract:

School sports are of great importance in the discovery of talented and talented students by physical education and sports professors in various sports activities, and among the most important aspects that are of great importance due to their importance in achieving positive and satisfactory results is the training and preparation of students and to ensure a successful and effective training, which in turn contributes to the development and development of physical qualities that help the athlete to reach the high and required physical performance, which can achieve and reach the desired goals in various competitions and championships, and among the most important of these sports that are of great importance in school sports.

Keywords: Training - School sports - Physical performance - half-distance athletes

ملخص:

للرياضة المدرسية اهمية بالغة في اكتشاف التلاميذ الموهبين والمتفوقين من طرف اساتذة التربية البدنية و الرياضية في مختلف الانشطة الرياضية، ومن بين اهم الجوانب التى تكتسي اهمية بالغة بالنظر الى اهمتها في تحقيق نتائج ايجابية و مرضية هي تكوين و اعداد التلاميذ و لضمان تكوين ناجح و فعال والذي بدوره يساهم بتطوير و تنمية الصفات البدنية و التي تساعد الرياضي في الوصول بالاداء البدني الى المستوى العالي و المطلوب و الذي يمكن من خلاله تحقيق والوصول الى الاهداف المنشودة في مختلف المنافسات و البطولات و لعل من بين اهم هذه الرياضات التي تكتسي اهمية بالغة في الرياضات المدرسية هي سباقات نصف الطويلة وتظهر هذه الاهمية من خلال مختلف التظاهرات الرياضية و البطولات التي يميزها الطابع التنافسي و على هذا الاساس قمنا بالتطرق الى دور التكوين في الرياضة المدرسية في رفع الأداء البدني لرياضي المسافات نصف الطويلة دراسة وصفية لبعض اندية الشلف.

كلمات مفتاحية: التدريب؛ الرياضة المدرسية؛ الأداء البدني؛ عدائي المسافات المتوسطة

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I -Introduction:

School sport is the first building block to support any sports movement in different countries of the world, especially since the school environment is a fertile ground for discovering, developing and refining talents, to be on the right track if the appropriate curricula are developed and provide capabilities and activities that help to achieve this.

School sport is considered one of the basic indicators to know the extent of progress in the sports field and is considered one of the most important foundations supporting the sports movement, and school sport is mainly directed towards school and high school students, as it works to lay the first steps for the student towards the path that can become an athlete in the future, which in turn contributes to building national teams and athletes who always seek to achieve the best results and honorable representation in international forums and this is what made it to be a reservoir and a starting base for athletes and school sport is of great importance in discovering talented students and excelling by the S.

The Ministry of National Education, in coordination with the Ministry of Youth and Sports, needs to develop a strategy that focuses on school sports and supports it with the necessary capabilities and infrastructure so that it can be a real and important supporter of the national teams in various games, as well as the requirements that help it advance its role and make it the expected form and content. Through this issue, we shed light on the reality of the strategy followed in training and discovering talents in school sports and creating school sports champions, as well as the requirements that help them to advance their role and make them in the expected form and content.

The Algerian Federation for School Sports (FASS) is responsible for the organization and success of school sports, not forgetting that there is coordination with the state associations for school sports (L.W.S.S) in the school sector and in order to cover some of the shortcomings, there are school sports cultural associations in educational institutions (A.C.S.S) to ensure the monitoring and follow-up of activities and rehabilitation of school sports (A.C.S.S).

Through this presentation, we aim to :

The reality of school sports in the preparation of sports champions in half-length races in all educational levels (elementary, middle and high school).

II – Method and Materials

1. Methodology:

In order to accomplish the field aspect of our study, we chose the analytical positivist approach as the most effective method for a similar study, as it requires collecting data to try to test hypotheses or answer questions related to the current state of the subject of the study, and descriptive research identifies and explains the way things exist and data is often collected through a questionnaire, interview or observation, and descriptive analytical research may seem easy as it seems to require only asking some questions or observing some phenomena and recording the results, which is not true, as it often requires asking many of the same questions as a questionnaire, interview or observation.

2.Research sample and population:.

It is known that one of the goals of scientific research is the possibility of making generalizations about the phenomenon under study to other phenomena, which depends on the degree of adequacy of the sample used in the research.

The sample, then, is that part of the community that is selected according to scientific rules and methods, so that it represents the community correctly.

The original population in this research included teachers of physical education and sports at the intermediate level in the state of Chlef, distributed among 148 intermediate schools in the state of Chlef, distributed among 35 municipalities.

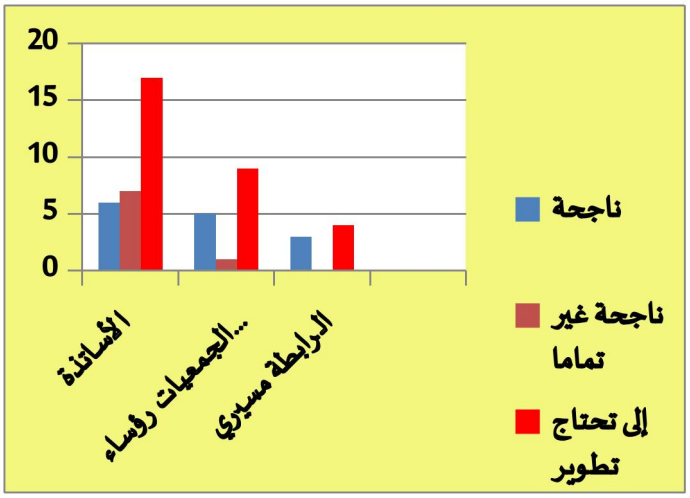
As for the research sample, we selected a sample from this community, and since the number of teachers is approximately

238 teachers, the sample was randomly selected, as we took our research was 40 teachers distributed over 13 municipalities.

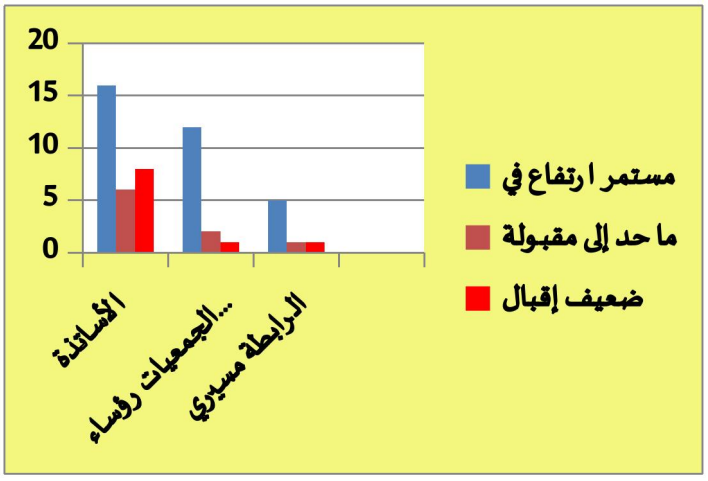
III- Results:

Results of the study sample's answers to the interview questions

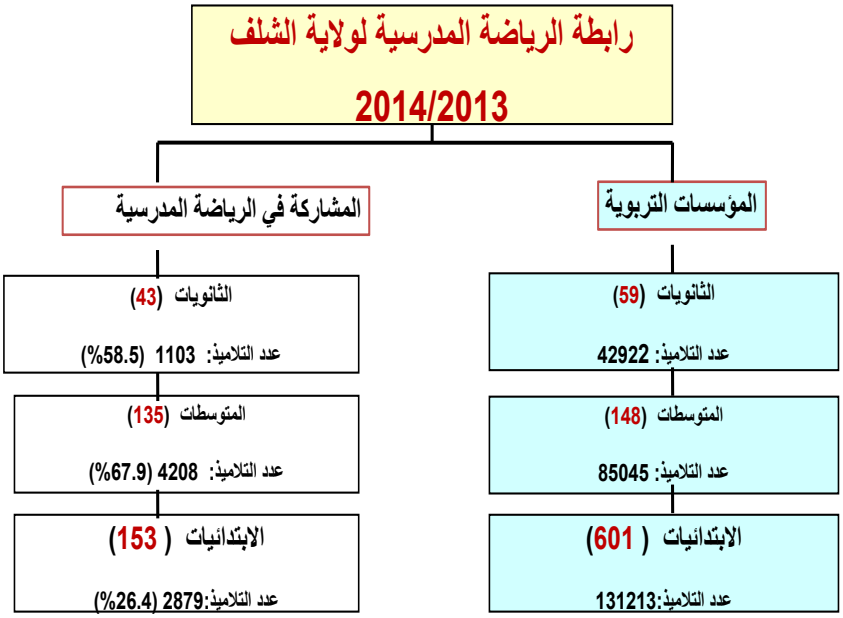
1- In your opinion: How do you see the current training strategy in school sports?



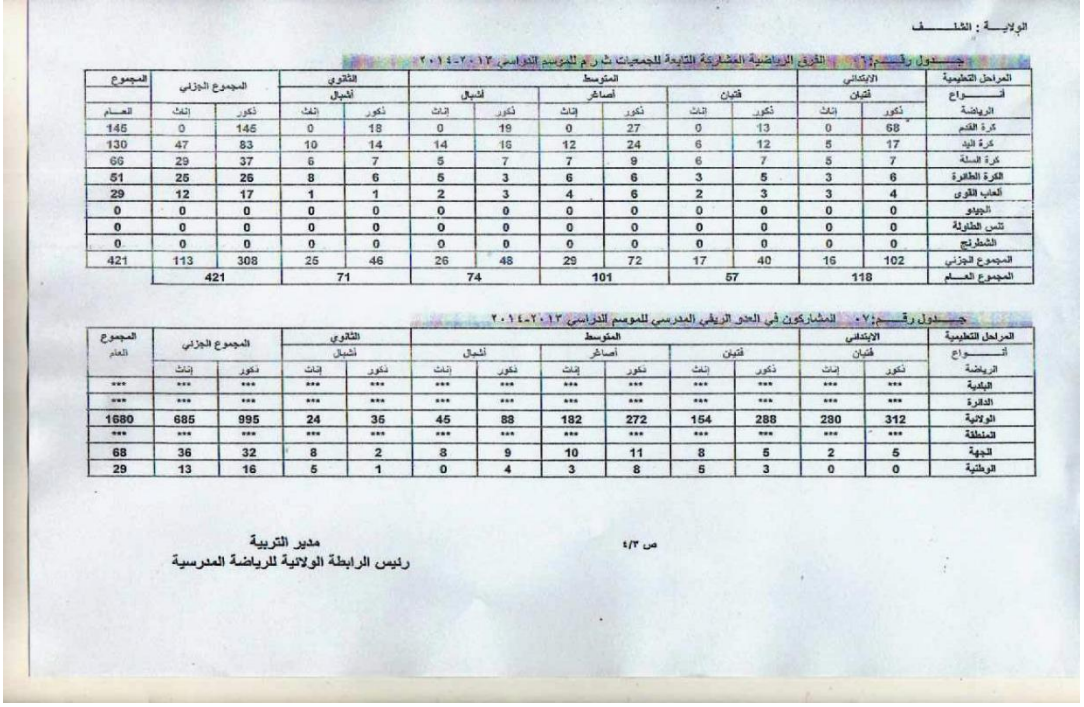
2- How do you evaluate the participation rates of students in school sports competitions in half marathons?



3-Some actual participation figures for educational institutions



4-Figures and statistics for participation in school sports for the Chlef Athletics Association.



الولايـــة : الشلـــف

جـــدول رقـــم:٠٦ الفرق الرياضية المشاركة التابعة للجمعيات ش ر م للموسم الدراسي ٢٠١٣-٢٠١٤

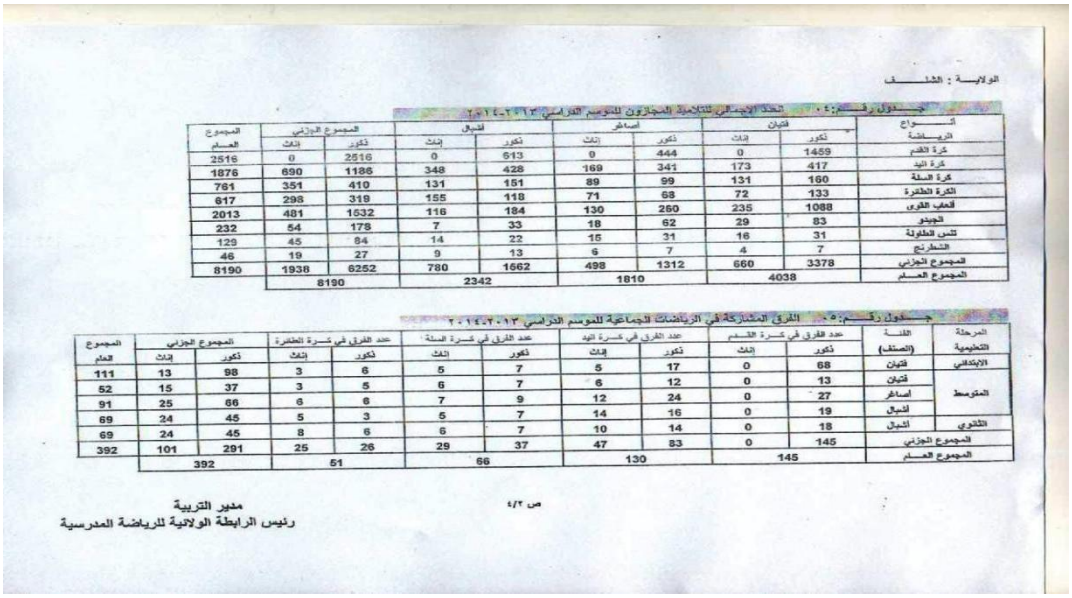
المراحل التعليمية	الابتدائي		المتوسط						الثانوي		المجموع الوزني		المجموع
أنـــواع	فتيان		فتيان		أصاغر		أشبال		أشبال				
الرياضة	ذكور	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث	العـام
كرة القدم	68	0	13	0	27	0	19	0	18	0	146	0	145
كرة اليد	17	5	12	6	24	12	16	14	14	10	83	47	130
كرة السلة	7	5	7	6	9	7	7	5	7	6	37	29	66
الكرة الطائرة	6	3	5	3	6	6	3	5	6	8	25	26	51
العاب القوى	4	3	6	2	3	4	3	2	1	1	17	12	29
الجيدو	0	0	0	0	0	0	0	0	0	0	0	0	0
تنس الطاولة	0	0	0	0	0	0	0	0	0	0	0	0	0
الشطرنج	0	0	0	0	0	0	0	0	0	0	0	0	0
المجموع الجزئي	102	16	40	17	72	29	48	26	46	25	308	113	421
المجموع العـام	118		57		101		74		71		421		

جـــدول رقـــم:٠٧ المشاركون في العدو الريفي المدرسي للموسم الدراسي ٢٠١٣-٢٠١٤

المراحل التعليمية	الابتدائي		المتوسط						الثانوي		المجموع الوزني		المجموع العام
أنـــواع	فتيان		فتيان		أصاغر		أشبال		أشبال				
الرياضة	ذكور	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث	
البلدية	***	***	***	***	***	***	***	***	***	***	***	***	***
الدائرة	***	***	***	***	***	***	***	***	***	***	***	***	***
الولائية	312	280	288	154	272	182	88	45	35	24	995	685	1680
المملطقة	***	***	***	***	***	***	***	***	***	***	***	***	***
الجهة	5	2	5	8	11	10	9	3	2	8	32	36	68
الوطنية	0	0	3	5	8	3	4	0	1	5	16	13	29

ص ٤/٣

مدير التربية
رئيس الرابطة الولائية للرياضة المدرسية



الولايـــة : الشلـــف

جـــدول رقـــم:٠٤ تحدد الإجمالي للتلاميذ المجازون للموسم الدراسي ٢٠١٣-٢٠١٤م

أنـــواع	فتيان		أصاغر		أشبال		المجموع الوزني		المجموع
الرياضة	ذكور	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث	العـام
كرة القدم	1459	0	444	0	613	0	2516	0	2516
كرة اليد	417	173	341	169	428	348	1186	690	1876
كرة السلة	160	131	99	89	151	131	410	351	761
الكرة الطائرة	133	72	68	71	118	155	319	298	617
العاب القوى	1088	235	260	130	184	116	1532	481	2013
الجيدو	83	29	62	18	33	7	178	54	232
تنس الطاولة	31	16	31	15	22	14	84	45	129
الشطرنج	7	4	7	6	13	9	27	19	46
المجموع الجزئي	3378	660	1312	498	1562	780	6252	1938	8190
المجموع العـام	4038		1810		2342		8190		

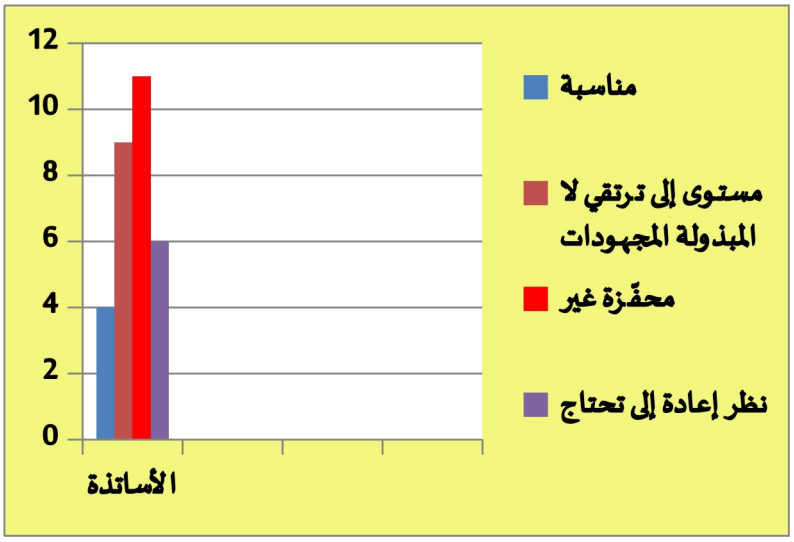
جـــدول رقـــم:٠٥ الفرق المشاركة في الرياضات الجماعية للموسم الدراسي ٢٠١٣-٢٠١٤

المرحلة التعليمية	اللئـــة (الصنف)	عدد فرق في كـــرة القـــدم		عدد الفرق في كـــرة اليد		عدد الفرق في كـــرة السلة		عدد الفرق في كـــرة الطائرة		المجموع الجزئي		المجموع العام
		ذكور	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث	ذكور	إناث	
الابتدائي	فتيان	68	0	17	5	7	5	6	3	98	13	111
المتوسط	فتيان	13	0	12	6	7	6	5	3	37	15	52
	أصاغر	27	0	24	12	9	7	6	6	66	25	91
	أشبال	19	0	16	14	7	5	3	5	45	24	69
الثانوي	أشبال	18	0	14	10	7	6	6	8	45	24	69
المجموع الجزئي		145	0	83	47	37	29	26	25	291	101	392
المجموع العـام		145		130		66		51		392		

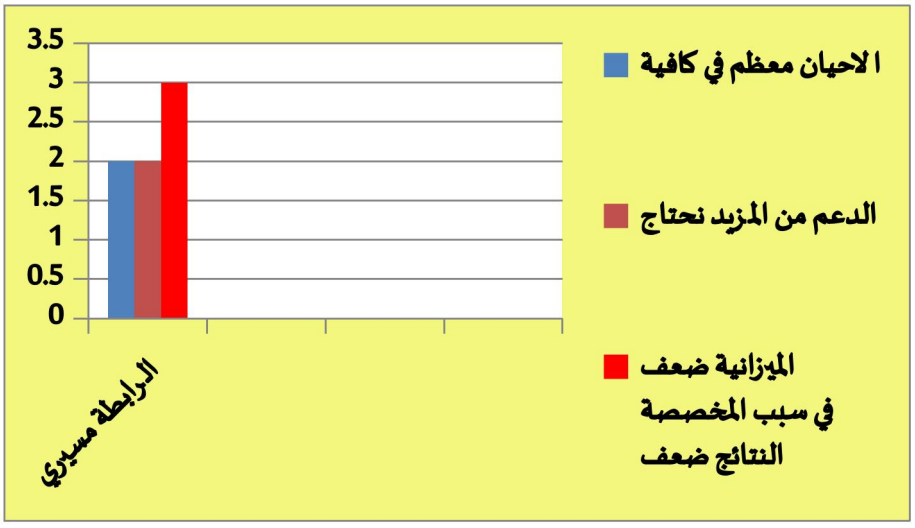
ص ٤/٣

مدير التربية
رئيس الرابطة الولائية للرياضة المدرسية

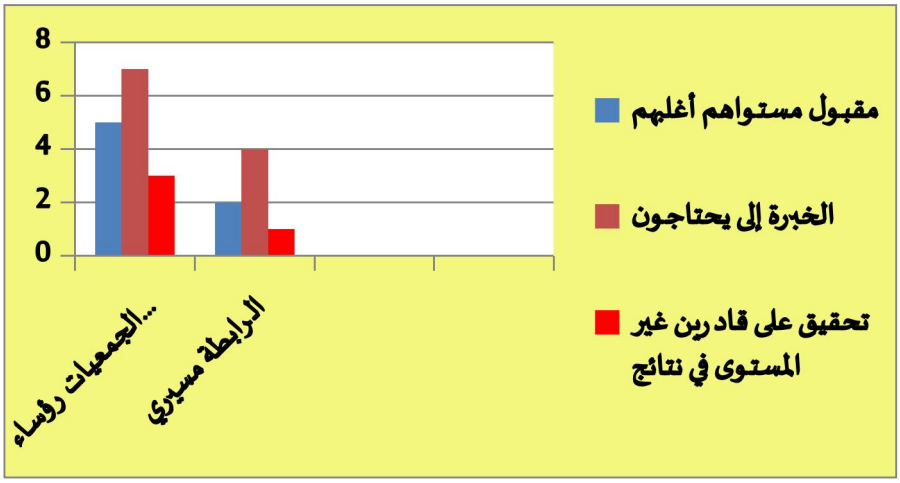
5-How do you see the value of the rewards you receive for your teams' participation in school sports competitions?



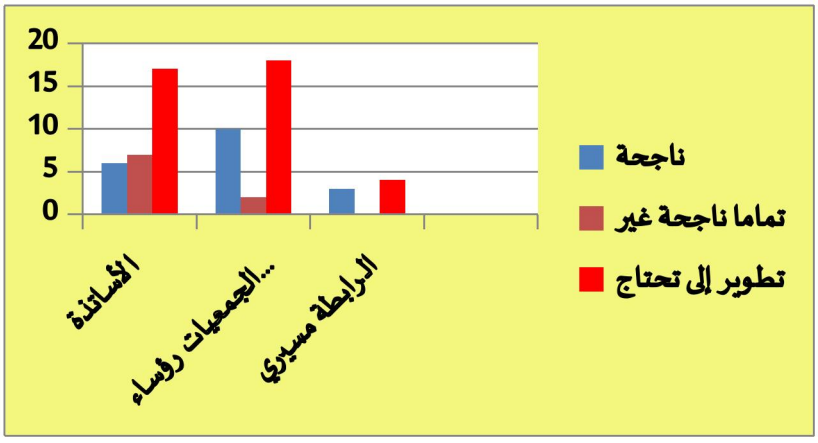
1-What is your impression of the size of the budget allocated for running school sports competitions at all levels?



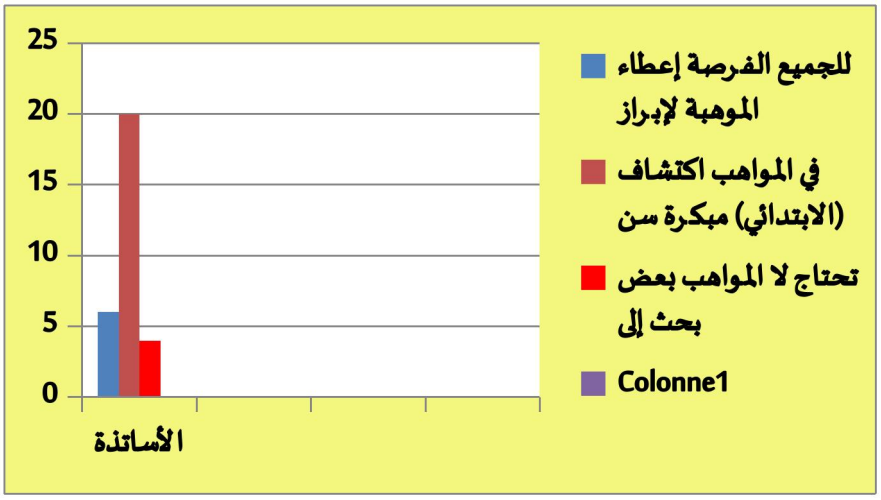
3-What is your opinion on the level of competence of the teachers supervising the training of students involved in school sports competitions?



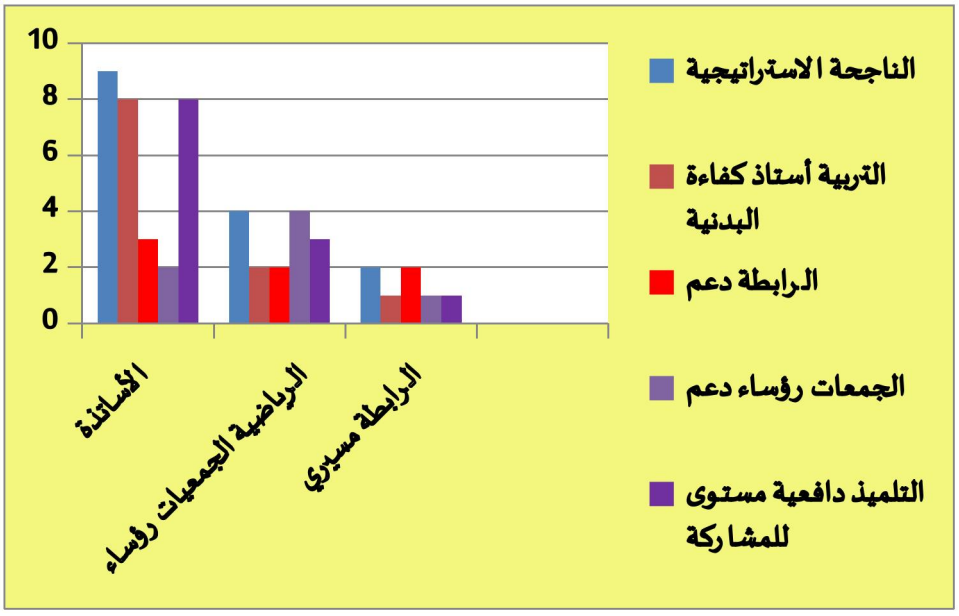
4-Is it possible to say that the strategy adopted has made it possible to create school sports champions?



5-In school sports, is it necessary to search for talents in order to discover them, or should the talent be left to emerge on its own?



6-Who do you think is primarily responsible for creating school sports heroes?



In general, the results showed that the strategy of training in school sports, especially in half-length races in Algeria, which has been followed for some time, has not yielded what was hoped for, as many obstacles and issues that still plague this important aspect were extracted, and by surveying the opinions of the sample members, especially physical education and sports teachers, they emphasized the apparent lack of potential and material means, especially the lack of time

dedicated to the practice of school sports and the difficulty in identifying indicators for the selection and guidance process for school athletes in half-length races, the results also showed that there is no link between the two. For their part, the directors of cultural and sports associations and the president of the state association emphasized the importance of training and the strategy adopted, considering that the real reasons behind the decline in results and even the level of training are due to the lack of appropriate competencies capable of activating the non-fake detection of talented athletes and directing them to appropriate sports, in addition to that, according to their opinion, they explained that the planning and implementation of current programs in an ineffective manner was a reason for the decline in both the level and results.

VI. Discussion:

Difficulties hindering the development of school sports:

1- In terms of human resources:

The issue is the lack of framing at the primary level due to the fact that teachers do not have any training in physical education and school sports activity. The President of the Algerian Federation for School Sports, Abdelhafid Aizan, revealed during the national forum on activating sports activity in primary schools in Ain Tamouchant, that 18 thousand primary schools remain without a physical education teacher. He emphasized the need for framing and training for the primary teacher, especially since the primary stage is a reservoir of young talents, which would represent Algeria in various international forums in the future.

2- In terms of material resources (equipment infrastructure):

Lack of sports equipment for the practice of physical education and school sports in all educational levels, especially primary, as the spaces are not suitable in most cases for sports practice, and their use poses a danger to students.

In terms of financial resources:

The lack of financial resources is one of the biggest issues facing sports activity in general and school sports in particular. The reports strongly emphasized the weak amounts allocated by the state and the inability of associations to cope with the increasing rise in prices, transportation and food prices, organizational expenses of various kinds, and it can be said that school sports suffer from a large financial deficit.

In the field of framing the administrative and technical organization:

The status of the administrative and technical staff at the disposal of the associations and the lack of clear texts based on them were also among the issues that several associations emphasized the need to find a solution.

The absence of national and regional centers for the training and preparation of national school teams.

Failure to allocate quotas for school sports activities in primary education.

Failure to follow up on the school sports program by some directors and inspectors.

Failure to publicize the establishment of school sports associations, especially in primary education institutions.

V-Conclusion:

It can be said that the preparation of the school sports champion in half-length races in Algeria needs the concerted efforts of all parties to the process, as the results showed the real reasons that prevented the promotion of school sports, including the lack of material resources, training and training facilities in addition to the quality of training of highly qualified supervisors, and in parallel the cooperation of the concerned administrative parties, namely the state associations and the National Association for School Sports, and all this also includes positive encouragement by the athlete's environment represented by the family, peers and athletes alike, as the training strategy followed can

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