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Methods for Selecting and Identifying Physical and Skill based Traits in Gifted Students: Perspectives of Physical Education and Sports Instructors in the Wilaya of Laghouat, Algeria

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Abstract: the talented individual constitutes a strategic human resource that is indispensable in any society, serving as a strategic asset. Consequently, they have become a benchmark for the progress of nations across various domains, with a particular emphasis on the field of sports. Nations demonstrate their commitment and support to their gifted individuals through the application of modern methodologies in their early identification, discovery, and investment in their potentials. Physical education and sports instructors play a vital role in this process, facing the real challenge of developing mechanisms and techniques for the selection and identification of these talents. These talents possess latent capacities, especially in terms of physical and aptitude-based attributes, each aligned with their respective sports specializations. Hence, our study aims to explore the key methods employed by physical education and sports instructors in the wilaya of laghouat for the selection and identification of certain physical and skill traits in gifted students.

KEY WORDS : Selection ;Physical traits ;Skills based traits ;Gifted individuals ;Physical education and sports instructors .

الملخص: الفرد الموهوب يشكل مواردا بشرية استراتيجية لا غنى عنها في أي مجتمع ، وبناءا على هذا اصبح معيارا لتقدم الأمم في أغلب المجالات وأهمها المجال الرياضي باهتمامها ورعايتها بأبنائها الموهوبين وبما تقدمه من أساليب حديثة في انتقائهم واكتشافهم في سن مبكرة و استثمار طاقاتهم و الاعتناء بهم تحت تصرف معلمي التربية البدنية و الرياضية، وقد أصبح التحدي الحقيقي التي يواجه النهوض بالوسط الرياضي اليوم هي الآليات والطرائق التي يجب اعتمادها لانتقاء والكشف عن هذه المواهب التي لها طاقات كامنة مدفونة بداخلهم وعن بعض الخصائص التي تتميز بها خاصة الخصائص البدنية

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والمهارية كل حسب تخصصه الرياضي، ومن هنا جاءت دراستنا هذه التي تهدف الى معرفة أهم أساليب الانتقاء و الكشف عن بعض الخصائص البدنية والمهارية عند التلاميذ الموهوبين من وجهة نظر معلمي التربية البدنية والرياضية بولاية الاغواط.

الكلمات المفتاحية: الخصائص البدنية؛ الخصائص المهارية؛ الموهوبين؛ معلمي التربية البدنية والرياضية.

1-Introduction:

Society places great importance on sports, regardless of its diverse forms, striving diligently to keep pace with modern scientific and cognitive advancements. This is due to the significant role sports play in the progress and development of nations. A society engaged in sports exhibits balance across physical, mental, and emotional aspects. In contemporary times, physical education and sports education have become fundamental subjects, aligning with other educational disciplines to achieve broader educational objectives. These subjects contribute significantly to refining mental and psychological talents and cultivating acquired habits.

The discovery and understanding of human potential and capabilities present a valuable opportunity for investment in the human factor across various fields, particularly in sports, which serves as a source of development and prosperity for many nations. Success in sports is often enhanced by sporting talents that emerge, especially during the early stages of childhood and adolescence, coinciding with the initial years of education. In educational stages, the obstacle to identifying and discovering sports talents lies with physical education and sports instructors.

Physical education and sports instructors wield a clear influence on students' abilities. This impactful role is evident during the selection and identification process of physical and sports-related characteristics in sports talents. Directing them effectively towards engaging in school sports activities is crucial, as they represent a sensitive element within educational institutions and play a vital role in discovering and attracting sports-talented individuals.

Gifted individuals are the true wealth and driving force towards civilization and progress in every society. They are the nation's arsenal, the source of its well-being and happiness, the present's assets, and the future's leaders across various fields. Identifying them early is a significant step towards developing their potentials and leveraging their capabilities. Failure to recognize them in a timely manner makes it challenging to meet their needs, and they may be subjected to experiences that exploit their talents.

The process of selecting and identifying gifted students is complex as it requires the use of multiple methods to measure and diagnose their talents. Talent encompasses general mental abilities, creative thinking, high academic achievement, along with various behavioural traits. Therefore, providing care should involve the holistic development of these aspects.

In light of this, the researchers identified the necessity of understanding the most important methods used in selecting and identifying certain physical and skill-based characteristics in sports talents from the perspective of physical education and sports instructors. This led us to pose the following question :

Are there methods for selecting and identifying certain (physical and skill based traits) in gifted students, as perceived by physical education and sports instructors?

Hypothesis:

There are methods for selecting and identifying certain (physical and skill based traits)in gifted students, as perceived by physical education and sports instructors.

2- General objective of the study:

Shed light on the category of gifted students who may face various challenges due to their distinctive nature. Identify the methods employed by physical education and sports instructors in selecting and identifying sports-talented students. Emphasize the need to care for gifted students and refine their talents without them going unnoticed. Highlight the importance of certain physical and aptitude-based characteristics in gifted students. Showcase the role of teachers in the process of selecting and identifying gifted students. Illuminate the role played by physical education and sports teachers in the educational process. Attempt to draw the attention of specialists in physical education to the importance of caring for gifted students. Select and identify gifted students and provide for their specific requirements.

Study Significance:

- Reveal essential methods for selecting and identifying physical and aptitude-based characteristics in the category of gifted students.
- Understand certain physical and aptitude-based characteristics in gifted students.
- Emphasize the need to support gifted students for them to unleash their full potential.
- Highlight the effective role played by physical education and sports instructors.
- Provide comprehensive care for the gifted segment to ensure well-rounded progress.
- Raise awareness among physical education teachers about the necessity and significance of identifying and its impact on the future of gifted students.

3- Procedural definition of the concepts mentioned in the research:

- **Selection:** The selection process in sports, in general, involves choosing the best young talents for engaging in a specific sports activity and reaching high levels of expertise in that specialization. The need for this process has arisen due to the variability among young talents in their physical, mental, and psychological preparedness. It is widely acknowledged that the possibility of a young athlete's success lies in guiding them towards the type of sports activity that aligns with their capabilities and preparations. Predicting the extent to which training processes impact the growth and development of these preparations and capabilities in an effective manner enables the athlete to achieve continuous progress in their sports specialization. This essence of the selection process is crucial. (Fadel, 1997, p. 06)
- **Physical Characteristics:** Amir defines physical characteristics as the set of elements and physical components associated with skill performance in the practiced sports activity. In this study, physical characteristics refer to the elements of physical fitness, including muscular strength, muscular endurance, speed, and flexibility. (kazem, 1997, p. 48)
- **Aptitude-based Characteristics:** These are represented by all fundamental skills in a specific sport or activity. These skills are motoric, performed by the athlete within the rules of the game, and

must be executed in all situations required by the game to achieve optimal results.

- **Physical Education and Sports Teachers:** According to "Bourdieu," the physical education and sports teacher is seen as a leader who serves as the organizer and initiator of the activity unit within the classroom community. They are not only responsible for imparting knowledge and skills to the students and evaluating them in cognitive and skill-related aspects but also for organizing the classroom group and working on its social development. (El-Shahat, 2015, p. 37) And Abu Hurja indicates that a good teacher contributes to organizing learning experiences and participating in educational renewal processes. The good teacher is obligated to implement, follow up, identify deficiencies in learners, serve as a role model and the highest example for them. Many follow in his footsteps and are influenced by his personality, emulating him.". (Abdullah, 2015, p. 45)
- **Talent:** It is the endowment of something, and acceptance is the acknowledgment of the gift. Talent is the possession of an individual, or as defined in Al-Munjid Dictionary, talent is the giving of something without compensation.. (Al-Rabagi, 2010, p. 97)

According to Omar Abu Al-Majd and Gamal Ismail Al-Nemky, a talented student in sports is perceived as a child who possesses specific abilities and capabilities that enable them to make their performance superior and distinguished compared to ordinary children of the same age. (Bu Al-majd, 1997)

- **Sports Talent:** Talent is a term that indicates a high level of performance that an individual reaches in a specific field and is subject to genetic factors. It should occur without prior training, as talent is innate. "Guilford" used it to refer to individuals with high innovative abilities, while others used it to denote the excellence of certain individuals in specific capacities. It distinguishes itself from other people and pertains to abilities such as sports, music, mental, and artistic capacities. "Lang Welcome" believes that talents are specific abilities with a genetic origin, not necessarily linked to intelligence.". (hassan, 2006, p. 13)
- **Care :**Linguistically 'care' means tending to observing, and preserving something.

Caring for one's affairs, responsibilities, and sanctities means protecting them, providing care, and overseeing them diligently.

Taking care of something is to preserve and fulfil one's obligations. Requesting care for something is to seek its preservation or asking someone to attend to it.". (Disclosure in the Jurisprudence of Language, No date, p. 13) ,

Procedurally, it involves attending to an individual's matters and caring for them. When we say a child is enveloped in care, we mean the provision of protection and attention. It signifies the efforts dedicated to nurturing young individuals, assisting them in triumphing over challenges successfully. The goal is to foster their growth in abilities and potentials, ultimately shaping them into fitting individuals for the right role

Previous Studies :

Study Number (01): A study by Khaled Mohammed Hamdan Al-Otaibi titled 'A Plan for the Discovery and Care of Gifted Students in General Education in the Kingdom of Saudi Arabia,' 1995 (Master's thesis).

- General Objective of the Study: To understand the methods and techniques used in discovering and caring for gifted students according to specific approaches and means.
- Study Methodology:Analytical-descriptive comparative methodology.
- Study Results: The researcher concluded that the discovery of gifted students relies on the evaluations of teachers and supervisors, in addition to intelligence tests, abilities assessments, and academic achievement. As for the methods of care, it involves gathering them in special schools and proposing a specific plan for the identification and care of gifted students

Study Number (02): A study by Ben Dobbaba Murad and Ben Said Bilal, a bachelor's thesis titled 'The Role of Physical Education and Sports in Discovering Talents from the Perspective of Middle School Teachers (12-14 years old) in the State of Guelma.

- General Objective of the Study: To determine the current ideas, methodologies, and tools used by physical education and sports teachers in discovering talents.
- Study Methodology :Sample and Study Tool: The researcher employed a questionnaire directed to a sample consisting of 20 physical education and sports teachers.
- Study Results :The researcher found that the experience and scientific competence of physical education and sports teachers play a crucial role in talent discovery. The key suggestion is an increase in the

number of sessions per week and the provision of resources and facilities.

Study Number (03): An Honors study by Al-Shurafi titled 'Identifying the Constraints of Caring for the Gifted in Elementary Schools Implementing Gifted Care Programs in Taif City from the Perspective of Teachers and Educational Supervisors.

- General Objective of the Study: To understand the constraints of caring for the gifted in elementary schools implementing gifted care programs, and to identify the differences in the opinions of teachers and supervisors regarding these constraints based on the following variables (position, experience, educational qualification).
- Study Methodology: Descriptive methodology.Sample and Study Tool: The researcher used a questionnaire on a sample consisting of 29 teachers and 21 educational supervisors.
- Study Results: The study identified obstacles to caring for the gifted, including those related to the school environment, specialization, administration, finance, family, teachers, and students.

Study Number (04): A study by Bashir Mammeriya and Abdelhamid Khazar titled 'Discovering the Gifted According to the Multiple Intelligence Theory: A Field Study on Samples of Secondary School Students.

- General Objective of the Study: To discover the gifted among male and female secondary school students according to the Multiple Intelligence Theory.
- Sample and Study Tool: The researcher utilized the Multiple Intelligence Test by Thomas Armstrong (7 intelligences) as a tool on a sample consisting of 389 students (169 male students and 220 female students).
- Study Results: The study found that the number of gifted students was 27 (15.97%) in spatial intelligence, linguistic intelligence, and musical intelligence. The number of gifted female students was 41 (18.64%) in interpersonal intelligence, linguistic intelligence, and musical intelligence. Regarding academic tracks, the highest frequencies of gifted students and female students were in the Science and Literature track.

- The methodological procedures used in the study:

4-1 Method and tools:

Survey Study:

The survey study holds significant importance as it forms the basis upon which the researcher builds initial perceptions about the study and the field of its application.

Having adjusted the research population and sample, and determining the most suitable methods for selecting that sample, we also conducted a trial of the research tool, represented by a questionnaire form, on a sample of physical education teachers in some middle schools in laghouat. The aim was to assess the validity and suitability of this tool for the study's sample. Through this study, we managed to refine the research sample, estimated at 10 teachers from some middle schools in laghouat.

Research Methodology:

We employed the descriptive method using a survey approach suitable for our study. The descriptive method is defined as a scientific method of analysis and interpretation organized to achieve specific objectives related to a certain social problem. It is considered a method for describing the studied phenomenon and portraying it quantitatively by collecting accurate information about the problem, classifying it, analysing it, and subjecting it to study. (Mansour, 2003, p. 18)

Research Population and Sample:

Our research community consists of physical education teachers who are in charge of the Provincial Sports League for School Sports in laghouat, estimated to be 25 teachers. We selected a sample from the research community containing 10 teachers using purposive sampling.

Spatial Domain: The Provincial Association for School Sports in laghouat

Temporal Domain: This research was conducted from September 10th to October 30th,

- The scientific foundations of the tool:

Face and Content Validity:

We ensured the validity of the tool by presenting it to a group of experts, including specialists in training methodology and statistical analysis in the sports training department. The number of experts was 5, and the researcher asked them to express their opinion on the questionnaire as a whole.

Objectivity:

We confirmed the objectivity of the tool by presenting it to a group of experts, including specialists in motor education. The number of experts was 5, and the researcher asked them to express their opinion on the questionnaire as a whole.

- Statistical Methods:

Percentage:

We can convert numerical frequencies in table cells into percentages by multiplying the numerical frequencies by 100 and dividing them by the total sample size as follows:

$$percentage = \frac{100 \times \text{frequency}}{\text{number of samples}}$$

4-2 Presentation and Analysis of Results:

• **Question 1:** Do you use tests and measurements during the selection and identification of certain physical and skill based traits in talents?

- Purpose of the Question: Determine the extent to which teachers utilize tests and measurements during the selection and identification of certain physical and skill based traits in talents

Table N°1: Illustrates the extent of using measurements and tests during selection and identification process of certain physical and skill based traits in talents.

Proposal	Frequency	Percentage
Yes	06	**60**
No	04	**40**
Total	10	**100**

Analysis of Table 1: From the results shown in the table, we observe that 60% of physical education and sports teachers use tests and measurements during the selection and identification of certain physical and skill based traits in talents , while we find that 40% of the teachers answered that they do not use measurements and tests.

Question 2: Does the factor of teaching experience influence the process of selection and identification of certain physical and skill based traits in sports talents?

- Purpose of the Question: Determine the impact of teaching experience on the process of selection and identification of certain physical and skill based traits in sports talents.

Table N°2: Illustrates the impact of teaching experience on the process of selection and identification of certain physical and skill based traits in sports talents

Proposal	Frequency	Percentage
Yes	09	**90**
No	01	**10**
Total	10	**100**

Analysis of Table 2: From the table, we observe that 90% of physical education and sports teachers believe that teaching experience affects the process of selection and identification of certain physical and skill based traits in sports talents. This experience is considered to play a significant role in enhancing the teacher's competence. On the other hand, 10% of the other teachers see that experience does not directly impact the process of selection and identification.

• **Question 3:** Do you use specific programs during the process of selection and identification of certain physical and skill based traits in gifted students?

- Purpose of the Question: Determine the extent to which teachers apply specific programs during the process of selection and identification of certain physical and skill based traits in gifted students.

Table N°3: Illustrates the use of specific programs in the process of selection and identification of certain physical and skill based traits in gifted students

Proposal	Frequency	Percentage
Yes	04	**40**
No	06	**60**
Total	10	**100**

Analysis of Table 3: Through the table, we find that 60% of physical education and sports teachers do not use specific programs in the process of selection and identification of certain physical and skill based traits in gifted students. Meanwhile, 40% of teachers have established and implemented specific programs in the selection and identification. This indicates that the process of selection and

identification is structured and relies on various elements outlined in the program developed by the responsible teacher.

• **Question 4:** What aspect do you consider during the selection and identification of certain physical and skill based traits in gifted students

- Purpose of the Question: Identify the aspect they rely on the most for the selection and identification of certain physical and skill based traits in sports talents

Table N°4: Illustrates the aspect relied upon during the selection and identification of certain physical and skill based traits in gifted students

Proposal	frequency	Percentage
Technical skills	03	**30**
Psychological aspects	01	**10**
Physical fitness	05	**50**
morphological aspect	01	**10**
Total	10	**100**

Analysis of Table 4: Through the table, we observe that the majority of teachers rely most on physical fitness tests (50%), followed by skill-based tests (30%), and then 10% each for psychological and morphological tests in the process of identifying talented students.

Question (05): What are the most relied-upon tests in the process of selecting and identifying certain physical and skill based traits in gifted students

- Purpose of the Question: determine which tests are most commonly used by teachers in the process of selecting and identifying certain physical and skill based traits in gifted students.

Table N° 5: Illustrates the most relied-upon tests in the process of selecting and identifying certain physical and skill based traits in gifted students

Proposal	Frequencies	Percentage
Physical tests	06	**60**
Observation	02	**20**
Exercises and games	01	**10**
Morphological measurements	01	**10**
Total	10	**100**

Analysis of Table 5: Through the table, we observe that the majority of physical education teachers rely on the physical aspect at a rate of 60%. Physical tests are considered a precise and highly important method in the talent selecting and identification process. As for teachers who rely on observation, there is a percentage of 20%, and 10% each for those who rely on morphological measurements and exercises and games during the selection and identification of talented students.

Question (06): Does the lack of sports facilities and resources negatively affect the process of selection and identification of certain physical and skill based traits in sports talents ?

- Purpose of the Question: Confirming that the process of selecting and identifying certain physical and skill based traits in sports talents is negatively affected during a shortage of resources and sports facilities.

Table N°6: Illustrates the impact of the shortage of sports facilities and resources on the process of selecting and identifying certain physical and skill based traits in sports talents

Proposal	Frequency	Percentage
Yes	08	**80**
No	02	**20**
Total	10	**100**

Analysis of Table 6: The results indicate that 80% of physical education teachers believe that the shortage of sports facilities and resources has a negative impact on the process of selecting and identifying certain physical and skill based traits in sports talents. These resources are the fundamental cornerstone for any training plan or program, and without them, the selecting and identification process cannot be carried out. On the other hand, there are those who see the opposite, as other factors negatively affect the talent identification and selecting process, such as time constraints and professional pressures on teachers, representing 20%

Question(07): In your opinion, do you consider school sports a reservoir for athletic abilities and talents?

- Purpose of the Question: To determine whether school sports are considered a reservoir for athletic abilities and talents

Table N°7: Illustrates whether school sports are considered a reservoir for athletic abilities and talents according to the respondents opinion

Proposal	Frequency	Percentage
Yes	09	**90**
No	01	**10**
Total	10	**100**

Analysis of Table 7: Through the table, we observe that 90% of the teachers consider school sports as a reservoir for athletic abilities and talents due to its importance in highlighting and refining these talents. Meanwhile, 10% believe that it's not only school sports that store athletic talents but there are other repositories as well.

Question (08): Are the results of medical examinations taken into consideration during the process of your selection and identification of certain physical and skill based traits in talented students

Purpose of the Question: Determining the extent to which the results of medical examinations are taken into account during the selection and identification of certain physical and skill based traits in talented students

Table N°8: Represents the extent to which the results of medical examinations are considered during the selection and identification of certain physical and skill based traitsin gifted students

Proposal	Frequency	Percentage
Yes	06	**60**
No	04	**40**
Total	10	**100**

Analysis of Table 8: Based on the table results, it is evident that physical education teachers, during the process of selecting and identifying certain physical and skill based traits in gifted students, take into consideration the results of medical examinations, representing a percentage of 60%. Meanwhile, 40% of teachers do not

take into account the results of medical examinations when conducting the selection and detection of talented students.

4-3 Discussion and interpretation of the results:

There are methods for selection and identification of certain physical and aptitude-based characteristics in gifted students, from the perspective of physical education and sports instructors. Through the survey questionnaire results, it is evident that there are numerous methods and approaches to discover the physical and aptitude-based characteristics in students with sports talents within the school environment. These methods include physical tests, measurements, and programs implemented by physical education and sports instructors. The process of identification is systematic but highly challenging, requiring trained and competent physical education and sports teachers with expertise in the field. It also necessitates the availability of resources and facilities, without overlooking the importance of medical examinations that help confirm talents and capabilities.

This aligns with the study conducted by Taie Abdelhakim titled 'Phenomena of Discovering Talented Students in Primary Schools and Ways to Develop Sports in the Arab World.' The study involves analysis and comparison with a sample previously used by other researchers on a large number of students. One of the conclusions drawn is the importance of nurturing and supervising talented students to ensure their stability. The study also emphasizes adopting general preparation methods during the initial training years for beginner students, followed by organized practical training with students of both genders at an early age. This corresponds to the hypothesis that posits the existence of methods for selecting and identifying certain physical and aptitude-based characteristics in gifted students, as perceived by physical education and sports instructors.

Conclusions :

Most physical education teachers use tests and measurements during the process of identifying sports talents because they are considered effective and accurate methods in the detection process. Teachers who

do not use them often attribute it to a lack of resources and sometimes to a lack of awareness.

The experience and scientific competence of physical education teachers play a crucial role in discovering talented students. Teachers' experience is an educational element that enhances students' overall development, unlike inexperienced teachers, whose lack of experience negatively affects the talent identification process.

The majority of teachers do not use specialized programs during the process of selecting and identifying certain physical and aptitude-based characteristics in gifted students.

Physical aspects are given greater consideration by physical education teachers when identifying talented students, similar to psychological, technical, and morphological aspects. This emphasis on one aspect and neglect of others can be a mistake.

Physical education teachers primarily rely on physical tests as a means of talent identification, alongside observation and morphological measurements. It is emphasized that the detection process should not isolate these aspects, as each complements the others.

Availability of resources and facilities is seen positively by most physical education teachers, influencing the talent identification process. Conversely, a lack of resources increases the difficulty of identifying talented students.

Almost all physical education teachers view school sports as a repository of athletic abilities and talents, providing an opportunity for students to showcase their preparedness and talents. Some, however, believe there are other repositories, such as sports teams and competitions.

Medical examinations should be considered during talent identification, ensuring that students undergo continuous medical check-ups covering all parts of their bodies. This helps teachers have a complete understanding of each student's physical fitness.

Recommendations and Suggestions :

Conducting necessary medical examinations during the process of identifying and selecting certain physical and skill-based characteristics in sports talents.

The necessity of selecting and caring for gifted students, assisting them in refining their talents.

Developing a specific plan for the identification of gifted students and their physical and skill-based characteristics, with a focus on the use of measurements and tests by physical education and sports instructors.

Emphasizing the importance of focusing on the physical and skill-based characteristics of gifted students, regardless of the type of sport or activity.

Providing resources, means, and financial budgets to ensure the smooth progress of the selection and identification process for gifted students.

Sporting discovery for these students should be based on modern scientific foundations in an objective manner.

Ensuring that physical education and sports instructors have comprehensive knowledge of the physical and skill-based characteristics of gifted students.

Encouraging and motivating physical education and sports instructors to pay attention to gifted categories of students to benefit from their abilities.

Monitoring each gifted student, providing proper care, and supervising them well to ensure their continuous progress.

Relying on anthropometric measurements during the selecting and identification process.

Paying attention to all aspects of this psychological, physical, and skill-based category.

Conclusion:

In conclusion, the process of selecting and identifying certain physical and skill-based characteristics in gifted and talented students is a crucial and strategic operation in educational institutions. It involves psychological insights, training, and skills. Both governmental and non-governmental organizations are involved, with specialists in psychology, sociology, education, and scientific curricula.

Talent manifests, grows, and evolves in an environment that provides awareness, support, assistance, and enrichment. Today, societies are keen on discovering and nurturing talents in various fields, investing in the early development of capabilities, and understanding the unique characteristics of talented individuals. This investment serves the community, and early learning periods are crucial for the manifestation of gifted students' special abilities.

Educational institutions, particularly those in the field of sports, are considered repositories of talents. It is essential to tap into and discover these talents by giving students the opportunity to showcase their abilities through curricula and means that contribute to the investment of their potentials. This includes athletic training for teachers or seeking specialized professionals in the field.

Furthermore, there is a need to develop and construct metrics and tests that help identify the unique characteristics of these talents and abilities, especially in terms of physical and skill-based attributes, at an early age. This aims to encourage and fully capitalize on their potential. Teachers should be equipped with these tools and trained in the sports field, providing them with the necessary resources to facilitate the discovery and nurturing of talents, ensuring they are not wasted.

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