

Communication between Parents and Children and its Role in Building and Stabilizing the Family from a Sociological Perspective

الاتصال بين الآباء والأبناء ودوره في بناء واستقرار الأسرة من منظور سوسيولوجي

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Abstract:

What is noticed today is that family contact is among the most important factors underlying the family. and even more, it is the basis for the cohesion and stability of family members, Family contact, especially between parents and children, reflects that close relationship between them. which is considered to be one of the most important human relationships that significantly affects the life of the family, In this scientific paper, we will therefore endeavour, to the extent possible, to give a sociological view of the most fundamental principles in the operationalization of this communication process between parents and children and the importance of such communication within the family.

Keywords: Contact; Family Contact; Family.

1. INTRODUCTION

One fact that cannot be ignored is that the family is that social environment in which individuals interact psychologically, emotionally and educationally And that's why it took the top spots in terms of socialization, They are the nuclei that teach and teach the foundations of life and establish the principles of interaction and learn the rules of communication and

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dialogue personal opening, psychological opening and social adaptation ". s biological, emotional, social and cultural desires.

The communication process that arises among its members is a social human phenomenon and, more than that, it is a basic need for the individual and the community, Family communication is the foundation and interdependence of the family and is an important social and psychological need that is difficult for any human being to dispense with. A family without contact between its members is not a unified family because it is always in need of such contact.

It is no secret to the reader that the topic of family study is an important one, especially in our current time when so many of the family's functions have changed. and that the topic of the study of communication within the family is of the utmost importance, especially since this communication has also shown some changes due to the emergence of factors that were the result of its change, There is an undeniable fact that the family is the foundation and pillar of society. family ", which is greater than merely a means of raising and preparing children, is a functional group that provides its members with many basic satisfactions, i.e., meets a range of functions needed by its members.

One of these basic satisfactions of the family is the communication that occurs between its members, because from the time the individual is within his family, he needs such contact, because thanks to this contact there are human relations and thanks to him also evolves. Accordingly, this modest act comes to mention and demonstrate the role of communication between parents and children in building and stabilizing the family.

Before going into this, it should be noted that there are three types of family contact within the family, "Contact between spouses - contact between fathers and sons - Contact

between sons each other", but what we are interested in in this article is the second type because we would like through

This article shows the role and importance of communication between parents and children within the family.

The form that arises is not so much related to the definition of concepts as to the clarification of the role of such communication, so the question of our problem will be:

What is family contact?

What is the importance of this communication within the family?

How does this type of communication contribute to the family's building and stability?

.The importance of the study:

The importance of this study lies in the topic that we want to highlight, namely family contact between parents and children, and the importance of this study is that it addresses a social topic of great importance within and outside the family.

.The objectives of the study:

- Clarification of the main principles that increase the operation of communication within the family, especially between parents and children.
- Identifying the importance of communication between parents and children within the family.
- Identifying the role played by family contact between parents and children in the cohesion and stability of the family.

2. Conceptual input into scientific research terms and procedural definitions

2.1 Family

If we want to talk about the concept of the family, no one can lose sight of and forget that the family is a kind of institution in society, which plays an important and effective role within society and which in turn is the basis for the development and development of these

societies.

So that the family is defined as the building block of society, to the extent that the family is strong and strong values and principles, society has pride and virtue, and vice versa (Afaf bint Hassan Hussein, 2005, pp. 1-15). So this prompted us to say at the outset that the family is the foundation of societies and the basis for their growth and development.

The family is also defined as a regular biological social group consisting of a man and a woman (with a marital bond) and their children (Hassa bint Saleh al-Malik & Rabi Mahmoud Nufal, 2006, p. 13).

To simplify further and on the basis of what has been addressed, we can say that there is a multiplicity of concepts for the family: they are the ones who give it a general definition and they give it a special definition, but in our view the family is a group of individuals who live in one house and each of them has their own function in the direction of the other to ensure their stability.

2.2 Communication

There are many definitions that have been provided in relation to the term communication. Each definition expresses a view. There are those who consider communication to be an interaction phrase. There are those who consider it a dialogue between two parties. There are those who consider it a process aimed at reaching a particular goal. Some definitions that have been provided for communication are as follows.

Communication is defined as the process of transmitting facts, thoughts, feelings, sensations, trends and ways of performance through language or symbols from one person to another; it is to exchange information with a view to achieving a specific goal (Mahmoud Amin Zerwell, 2010, p. 7).

There are those who believe that communication is an interaction through which there is an expression of thoughts, needs, feelings and an expression of one's culture, personality and thought.

Based on the foregoing, it is clear to us that the concept of communication carries many concepts and from that, we can consider that this communication is first a dialogue that arises between two or more parties, which lead to interaction between them on an idea or topic in order to reach a particular goal and point.

2.3 Family communication

When looking at the term "family communication", we find that it is a communication in itself, but the opposite of communication occurring outside (society) is a communication that occurs within the family and does not exceed its limits, that is, it is only a communication involving family members.

Family contact has been defined as the way in which oral and non-oral information is exchanged between family members, and we have therefore said that it does not exceed the family's limits of (Abdul Hamid Jadeed et al, 2018, p. 75).

It is also defined as the interaction between members of the same family, through discussion and talk about all the objectives, determinants and obstacles related to their affairs, and solutions are devised, by exchanging collective ideas and opinions on several axes, creating a familiarity of (Abdul Hamid Jadeed et al, 2018, p. 75).

Family contact is defined procedurally as a communication process between parents (husband and wife) or between parents and children or between each other's children. This is through interaction between them, which takes many forms, which may be through speech, movements, symbols, expressions, etc.

3. Theoretical framework: "Analytical social view of the role of communication between parents and children within the family"

3.1 Forms of communication between parents and children

Before starting to give a social view of the role of communication between parents and children in the construction and stability of the family, we must explain to the reader the forms of such communication that occur between them because the success of such communication depends on these forms and types. In addition, each family has a way to interact and communicate. In general, the forms of such communication are divided into two types:

- **Open Contact** : It is this type of communication that contributes to the consolidation of the relationship between parents and children in particular and family members in general, so that this form of communication depends on the freedom to express the feelings and emotions of both parties, to exchange information about daily activities and to talk about all the attitudes and realities experienced by both parties (Saliha Fatal & Alajiya Dudah, 2022, p. 989).

This prompted us to say at the outset that this type of communication and this way in which communication is made contributes to the strengthening of the relationship between them leading to the cohesion of the whole family.

We therefore conclude that this type of open communication has a great role to play in the family, which makes it easier for parents to enter the world of children and also facilitates and helps children to enter the world of fathers, making relations between them strong because it has a freedom to express thoughts, feelings and feelings. In addition, that is what makes parents say to their children about every situation they are exposed to.

It also makes the children so, every attitude and idea of the children unless it is put to the parents because this way of communication becomes the habit of the parents and

children, which leads to the interconnectedness and harmony of the relationships between them.

- **Problem Contact:** It is the opposite of open communication so that there is no freedom to express thoughts and feelings between parents and children and consequently a lack of partnership between the two parties. This makes relations between parents and children weak and incoherent.

The communication that has come to our attention can be called closed communication, where there is no freedom to express thoughts and feelings. This communication is the inappropriate form of communication between parents and children because it includes the negative problems and issues in communication between the parties such as caution in speaking and choosing what each party says and adopting negative and twisted methods in their interaction with each other, such as each party criticizing the other's side (Abdul Hamid Jadeed et al, 2018).

So we conclude that this kind of contact between parents and children is what strains the relationship between them or leads to fear of participation by children and parents as well, which affects the whole family. Because if there is no contact between parents and children, there can also be no contact between husband and wife and there may be no communication even between brothers and sisters, Because this contact between parents and children has an impact on the whole family so that we find that family members are afraid of this communication because the dialogue and communication between them is not as free as in open communication. And it might even be restrictive, and that's what we called closed contact, and that's what often causes family members to shirk that contact.

Finally, we can say that the interconnectedness and harmony of family members' relationships depends on the type of communication and the way in which such communication is made. If it is open, there are strong relationships. On the contrary, if the

so-called problematic and closed communication, the relationships are of course strained and not strong, so we said at the outset that the success of such communication depends on the forms and types of communication and the way family members, especially parents and children, communicate.

3.2 The basic principles in activating communication between parents and children:

In order to reach out, give a sociological view of the role of communication between parents and children within the family We must address how to activate this type of communication and know the principles that lead to activation of communication between parents and children. Because knowing these principles, which are the basis of this family communication, may show us the way to get an analytical sociological view of the role that communication between parents and children plays in building and stabilizing the family. And a set of basic principles in the operationalization of this communication:

- **Endorsement of children:** This principle is one of the most important and best of all. It eliminates fears, dispels feelings of awe from parents and makes it easier for fathers to enter the world of children. Moreover, it enables sons to open up in the conversation and in the presentation of experiences and experiences with their fathers (Abdul Ghani Ahmed Ali Al-Hawri, 2021, pp. 1-46).

So we conclude that the friendship of parents and children is the foundation of the family and the basis of their relationship. And, as is observed today in our social reality and even in some of our families, A lot of parents that you find in a friendship with their son find that the relationship between them is strong and durable. This friendship gives children a sense of security and love. His parents have all the thoughts or even problems in his life. All this makes strong relations between them in particular and family members in general.

- **Create the right environment:** When communicating with the whole family, this principle must be taken into account, which is also an important principle in activating and increasing communication.

The principle is that it is necessary to create an environment conducive to communication and dialogue. For example, children cannot be contacted in a convulsive or troubled situation, or with feelings of fear, suppression and anxiety. All this makes the child out of contact and dialogue and brings ideas unrelated to what he or she wishes to put (Abdul Hamid Jadeed et al, 2018, p. 46) .

Creating the right environment then plays an important role when family members are in contact with each other. The situation in which an individual is in control of his or her thoughts and thoughts is where it is necessary to know when communication and dialogue are positive, all of which is related to the individual's psychological state.

- **Choose the right time:** One of the fundamental principles in activating the communication process between parents and children is to choose the right time.

In order for this communication and interaction to be positive and useful, parents must choose the right time to conduct it, which cannot be done while children are busy with school duties, for example, or pursuing an important programme for them... etc (Abdul Hamid Jadeed et al, 2018, p. 46).

In our view, choosing the right time is one of the most important principles in activating the communication process but what we often notice is that parents don't realize the importance of these things and consider them merely ordinary and useless. But on the contrary, not choosing the right time has a negative impact on the children. And that's why it detracts many times from this communication and thus leads to it not communicating even in appropriate cases, In fact, such matters, even though they seem insignificant in the eyes of some, have a significant impact on positive and successful communication.

- **Taking into account the interlocutor's age and type:** This is one of the important principles in activating communication between parents and children, because the method of communication with girls is different with males, and communication with young people is different from communication with adults, because each category has its own distinctive characteristics and needs and parents have to recognize those characteristics and needs (Abdul Hamid Jadeed et al, 2018, p. 47) .

But what I would like to clarify in addition to what has been addressed is that these principles are not only by age and gender, but also by the quality of the subjects and ideas, there are subjects of male that cannot be discussed with female. etc.

Furthermore, there are some other principles that contribute to the activation of the communication process between parents and children, so that these principles, which will be mentioned, remain a point of view:

- **Emotional contact with children:** This is one of the most important, if not the most important, principles. Through this emotional communication, in which the exchange of feelings, feelings and emotions is felt by the children that they have the interest of the parents and this is enhanced by self-confidence, which leads them to contact and constant dialogue with their parents.

- **Giving children full freedom to express their thoughts:** This is also one of the most important principles in activating the communication process between parents and children. Giving full freedom to children always brings their thoughts and what they are exposed to in their lives without covering them up. This makes them always in contact with their parents.

- **Good listening for children :** It is the good listening of children when contacting them that increases their self-confidence. On the contrary, not listening to them is what makes them

always averse to communication and dialogue. Therefore, good listening is one of the principles that lead to the activation of the communication process between parents and children.

- **Avoiding methods of violence such as blame:** Blaming children always leads to poor communication between parents and children and makes them run away from talking and dialogue. This principle is therefore essential in activating the communication process.

- **Frequent dialogue and communication:** One of these important principles in activating the communication process between parents and children is the frequent communication with them about their thoughts, opinions and problems. This makes the children love and become accustomed to this process within and outside their family, because the lack of dialogue and communication can affect the psychological state of the children, which makes them hate to communicate with their family members and others in society.

These were the most important principles leading to the activation of the communication process within the family as a whole and between parents and children in particular, and there are other principles, even if they are considered important as well, we provided an overview and comprehensive view of these principles.

3.3 Need for family contact

Some readers will be surprised by our article from this title And they say there's no family on Earth that needs this communication that arises between their members, But the purpose of this heading and addressing it is that this need or lack of family contact that we observe in many families s role in the family by maintaining the stability of the family and the complementarity and interdependence of its relations.

No doubt, a lot of families are calling and interacting on many things and in a good way. But unfortunately, it is only a small proportion and since people have different prints, different visions and ambitions, Which means that their handling of many life matters will be

different, which means that they have to confront and oppose their attitudes, and therefore they need this communication, which is a kind of dialogue, and here is the need for this communication between family members (Abdel Karim Bakar, 2009, p. 9).

The need for communication between family members does not depend on one situation but not on the other. The need for communication is a constant need, whether in joy, sadness, hope or pain, in ordinary discussions, in cases of controversy or difference, or even in cases of dealing with violence, in cases of children's presence and in cases of their upbringing, i.e. (contact between parents and children) All these needs need active communication between family members but what we have in this humble article is contact between parents and children (Abdul Latif bin Debian Al-Awfi, 2017, pp. 2-264).

The need for communication in the family is also evident when each of the parties attempts to achieve its objectives. child ", the son and daughter want to feel that they are at an age when they should be treated as adults rather than children, From the parents' point of view, for example, they are still in adolescence. and are still far from adulthood and being treated as adults, And all this difference in goals needs effective communication in how we talk and debate. Or the family goes into argument and maybe violence (Abdul Hamid Jadeed et al, 2018, p. 265).

4. Relationship between parents and children and how to deal with children in contact

Our presentation of such titles did not come as a coincidence, but rather through our study of the various references and research that preceded us in such subjects, as well as by showing us or trying to reach out to give a sociological view of the role of communication within the family. "Contact between parents and children" because the relationship between parents and children arises only through their contact with each other.

The type of relationship that arises between parents and children and the manner in which parents treat their child is an important factor in shaping the child's personality. And here the role of communication between parents and children is shown by the fact that it plays an important role in the child's upbringing. As noted in our social reality, there is a difference between the personality of an individual who grew up with pampering, compassion and tenderness, and the personality of another individual who grew up in an atmosphere of rigour and delicate order, characterized by some cruelty.

Here there is a difference between these two individuals in their personal behaviour and this difference is largely due to the type of relationship between parents and children and how to communicate with each other (Amani Abdelfattah Ali, p. 208) .

So parents should realize that children's needs go beyond the physical needs of eating, drinking, clothing and protection to emotional and psychological nutrition, and here this emotional nutrition is meant to communicate and dialogue with them, All this provides him with positive attention as the son becomes interested and enthusiastic about communication and dialogue with family members. For example, the dialogue about family affairs because, as we said, your listening to and talking to him communicates this emotional nutrition, At the same time, parents should teach children how to communicate with others in a healthy and sound manner. All this cannot be learned if they lose contact within their family. cultivating a culture of communication and communication with others makes the son a successful and superior person within and outside his family, In his community, communication is the basis of relationships with others as previously mentioned (Abdul Latif bin Debian Al-Awfi, 2017, p. 265).

- Analytical sociological view of the role of communication between parents and children in the family:

There is a fact that no one can ignore, that communication of all kinds is important in human life and in all its cases human beings must need it. The need for communication is born with man and stays with him throughout his life. This life cannot be considered if there is no communication, Because it is the basis without it there are no relationships and there are no relationships, so communication is the basis and source of human relations.

We know that the family is the building block of society by doing a lot of socio-economic jobs. It establishes the principles of interaction, which make it clear to children about their personal identity, psychological composition and social behaviour, But we must not forget that all this is done only through effective communication with them. By going beyond the functions we mentioned earlier to fulfilling their emotional desires and talking about their inquiries, communication is the basis of the family and its stability.

Communication between parents and children is an interactive process involving the transmission and receipt of facts and awareness of feelings, feelings, trends, ideas and perspectives and other kale and non-verbal communication methods through which the sender aims to influence others to listen to him and respond and agree with him and achieve what he wants from them, A person's need for communication is not limited to a certain stage because it is inherent, but this need is particularly important during adolescence. Children's questions and their need for guidance and guidance through communication Strong and clear understanding of the problems he faces, if there is to be contact with children even in their eldest because it increases the strength and interconnectedness of their relationships (Khalifa Osama al-Dhalin & Ahmed Abdul Latif Abu Asa, 2018, p. 109).

If the relationship between parents and children is weakened, it may affect their relationships especially as well as even relationships between family members in general.

And that's why children are looking for an alternative outside their family, even if they're skewed groups because he wants to cover this lack of communication between him and his family members. So whenever there is contact between parents and children, whenever there are strong and solid relationships, and vice versa, the absence of this process between them may lead to weak ties and relationships, which shows us the role and importance of communication between parents and children.

Through contact with the children, we will play the same role as the lioness when she manipulates her cubs and trains them to fish. This is just an example of the role of communication in general, for example when a 40-year-old father calls and talks with a 10-year-old son, saying what do you think of the new home scheme? Like when a mother talks to her daughter and tells her how to put this TV in our house. They seem like just the likes of it, but they show us the importance of this communication, so what happens through it? What happens is that the child will feel self-confident and feel respected has a role to play in building the family, stabilizing it and strengthening its relations (Abdel Karim Bakar, 2009, p. 15).

So we conclude that contact between parents and children is of great importance through:

- Increased self-confidence in children.
- Achieving stability and reassurance for the family in general.
- A sense of love and security.
- It makes them better able to speak in front of the public. This is part of the question we asked earlier, "Why should you contact children", i.e., teach them how to communicate with others.

Communication between parents and children is not only important for the consolidation of their relationships, but is even more important for the rest of the family, i.e.

the whole family, making relations between whole family members strong and interconnected.

As noted in our social reality, when the relationship between a father and a child, for example, is fraught and not strong, it affects the whole family. For example, this may strain the relationship between the wife and the husband because of that relationship between the father and the son and therefore if the contact between the parents and the children is positive and effective, It leads to stability and cohesion of the family and its members in general because, as we have said, communication is the basis of these relationships and therefore there are no relationships unless there is contact family ", which further emphasizes the importance and role of communication between parents and children within the family.

5. Risks of absence and lack of contact between parents and children

After addressing the most fundamental principles of communication between parents and children and the need for such communication within any family and the role and importance that such communication plays in stabilizing and building the family and strengthening its relations, we must also address the most important risks of the absence of such communication and the consequences of its lack within the family.

We must not deny that communication is of great importance within the family. Without contact between family members, the family is not a unified and integrated family in terms of performing its functions because communication is the basis of all this. The most important risks that are the result of the absence of such contact between parents and children will be presented as follows:

- Weakness and disintegration of relationships between family members:

Because, as we have said before, such contact has an impact on the whole family, the weakness and absence of contact between parents and children will result in weak relationships between them, as well as in weak relations between spouses, which may affect all relationships within the family.

- Lack of so-called trust among members of the same family:

The absence of such contact between parents and children or between family members in general makes them mistrust themselves, due to the lack of expression of their feelings

Their thoughts are that the expression of feelings and feelings is only through effective communication between family members, which makes individuals self-confident because such communication has a close relationship with trust. Whenever individuals are in contact with each other, there is confidence and vice versa, the absence of such communication leads to absence and mistrust.

- Collision and contention instead of understanding and complementarity between family members:

The absence of such contact between parents and children makes the rest of the family incompatible because it affects the whole family. Even the absence of such contact between parents and children will have a negative impact on the relationship between the children, resulting in problems affecting the whole family (husband-wife-children)

- The absence of contact between parents and children leads to the spread of hatred and hatred among individuals, making the family always tense and charged.

These were the most important risks of absenteeism and lack of contact between parents and children and their impact on the family, and there were many risks resulting from the absence of such contact, but what was mentioned earlier was an overview of the most important risks.

In order to avoid these risks, we must provide some advice that helps to activate the communication process in addition to avoiding and reducing these risks, as follows:

- The positive communication process must be activated even when problems arise within the family.
- Create the right atmosphere for communication and dialogue.
- Listening and listening to parents' children.
- Parents' discussion of children on family matters.
- Speak quietly in dialogue and contact with children.
- Giving children full freedom to express their thoughts.

6. CONCLUSION

In conclusion, based on the foregoing, it can be said that family communication in general is one of the most important and prominent factors leading to family cohesion and stability. A person who has been in his or her family is in constant need of such contact. Because family relationships that arise between members of the same family are due to this communication process, which is one of the important strategies and contributes to the protection and maintenance of the family from the problems and pests that stare at it, Therefore, the weakness of these relationships and those between family members and the emergence of problems within the family family communication is the basis of relationships and ties within the family and is the basis of the cohesion and interdependence of its members. There are no family relationships unless there is so-called family contact.

- Suggestions and recommendations:

Through our findings regarding family contact between parents and children and how

important it is within the family, we can develop some suggestions and recommendations.

This is in order to enhance the communication process within the family, as follows:

- Improved communication between parents and children based on timely choice and good listening.
- The communication process between parents and children must be activated even in the most difficult circumstances.
- Respect and acceptance of the other side's "children" defects.
- Move away from using negative methods in dealing with children.

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